



Andy specializes in life and death education and research, public health and mental health, holistic therapy and community empowerment. He is the youngest Elected Member of the prestigious International Work Group on Death Dying and Bereavement, a Fellow in Thanatology, a Marriage and Family Therapist and a Mindfulness Practitioner. While serving as reviewer for numerous international academic journals as well as advisor for a number of non-profit social service organizations, Andy is also the Founder of LifeLAB Institute Singapore, the Founding Advisor of the Love-Soar Children Grief Awareness Project, as well as the Founding Host of Death Café Hong Kong.

With deep passion in raising the voices of the underprivileged and an immovable conviction to empower those less fortunate, Andy has devoted his research, teaching and writing for the promotion of social participation, creative engagement, and responsible citizenry. These include pressing issues on active aging, dignified and compassionate care, art and mindfulness, medical humanities and health equality. Based on this body of work, Andy has developed and produced many acclaimed public health promotion campaigns and short film documentaries, authored over 50 books, chapters, and articles in prominent academic and professional journals, as well as presented in more than 80 keynote, invited, and conference presentations across the globe.

The Innovative works by Andy and his team has significantly informed and enhanced health and social care practices and policies in local and international communities. His social and scholarly contributions have been recognized with distinction by the Association of Death Education and Counseling, the International Palliative Care Network, the International Academy of the Visual Arts, the Hong Kong Hospital Authority, and the Hong Kong International Cancer Congress.

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