



Robert is one of the most prolific, most seminal and most renowned research psychiatrists of our days.

He is an American psychiatrist and geneticist noted for his research on the biological, psychological, social, and spiritual foundation of both mental health and mental illness. He holds the Wallace Renard Professorship of Psychiatry, is professor of psychology and genetics, and serves as director of the Sansone Family Center for Well-Being at Washington University in St. Louis. Robert is a member of the evolutionary, neuroscience, and statistical genetics programs of the Division of Biology and Biomedical Sciences at Washington University and is recognized as an expert clinician in the treatment of general psychopathology, substance dependence, and personality disorders.

Robert is perhaps best known for his research on the genetics, neurobiology, and development of personality and personality disorders. He identified and described heritable personality traits predictive of vulnerability to alcoholism and other mental disorders in prospective studies of adoptees reared apart from their biological parents. He has also carried out the first genome-wide association and linkage study of normal personality traits, and has developed two widely used tools for measuring personality: the Tridimensional Personality Questionnaire (TPQ) and the Temperament and Character Inventory (TCI).

His research shows that personality and well-being develops as a complex adaptive system, and he has developed methods for assessment, evaluation of etiology and development, and treatment that allow for complex relationships between causal variables and outcomes in health."

In 2004, he published *Feeling Good: The Science of Well-Being*. He has earned lifetime achievement awards from many academic and medical associations, and is a member of the Institute of Medicine of the National Academy of Sciences. He has authored or co-authored nine books and more than four hundred and fifty articles, and is a highly cited psychiatrist and psychologist recognized by the Institute for Scientific Information (ISI).

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